

***Brigantine Community Education and Recreation***

*"A total commitment to the community."*

**SUMMER PROGRAMS 2025**



All courses will be held at the Brigantine Community Center at 265 42<sup>nd</sup> St.

**Register Online at: [Brigantine.recdesk.com](http://Brigantine.recdesk.com)**

Registration opens on June 9<sup>th</sup> at 8:00 a.m.

**WE DO NOT ALLOW WALK-INS IN ANY OF OUR SCHEDULED CLASSES**

**CLASSES BEGIN THE WEEK OF 6/30/2025**

## REGISTRATION PROCESS

The Brigantine Beach Community Center (CER) prides itself on offering a variety of programs and classes for the Brigantine and surrounding communities. If you are interested in registering for CER programs for the Winter Session you are able to do so online or in-person. Online registration can be done at [Brigantine.RecDesk.com](http://Brigantine.RecDesk.com).

CER staff will happily create an account and work through the registration process with anyone needing assistance. If you or someone you know does not have a device with internet access but wants to register on their own, the Brigantine Library and its staff are also available to help anyone looking to use a library computer.

When registering online all classes and programs will be listed on the RecDesk website. Once a class is selected, users will add the class to their shopping cart and will be prompted to pay online with a credit card. Anyone looking to pay with a check will be required to come to the CER to register in-person. We cannot accept cash or registrations over the phone. We do not pro-rate classes once the sessions begin.

Aside from program registration, the RecDesk website has a calendar feature which shows up-to-date information about open gym times and room availability. All questions about the online registration process can be directed to the CER by calling (609) 264-7350 ext. 1.



FOR UP-TO-DATE INFORMATION,  
**LIKE US ON FACEBOOK @ BRIGANTINE BEACH CER**

## INSTRUCTIONAL COURSES

### LA BELL' ITALIA I

If you are of Italian heritage, married into an Italian family or happened to fall in love with Italy, La Bell' Italia is a journey through this unique and beautiful country. We will travel through its geography and learn about its government, industry and cultural riches, including language and cuisine. Be prepared to offer your experiences and knowledge along the way.

**INSTRUCTOR: Patricia Violante**

**Begins 7/3/25**

**Sr. \$16.00**

**8 Sessions**

**Thursdays 6:00-7:00 p.m.**

**Non-Sr. \$40.00**

### CROCHET CLASS

Ready to pick up a new, relaxing hobby? Join our Crochet Class and discover the magic of creating beautiful, handmade items from yarn! Whether you want to make cozy scarves, trendy accessories, or cute home decor, this class is perfect for you! **OPEN TO ALL AGES!**

**INSTRUCTOR: Diane Grill**

**Begins 6/30/25**

**Sr. \$75.00**

**10 Sessions**

**Mondays & Wednesdays 7:00-8:30 p.m.**

**Non-Sr. \$100.00**

## FITNESS CLASSES

**NOTE: CER DOES NOT PROVIDE MATS OR WEIGHTS. WALK-INS NOT PERMITTED.**

### QIGONG

#### 24-POSTURE THERAPEUTIC QIGONG

Qigong is a meditative practice involving breathe and gentle movements, focusing on health, healing and longevity. The many health benefits include stress reduction, improvement in balance and flexibility, reduction of inflammation in the body and strengthening of the immune system. The 24-posture practice is simple and easy to learn yet also very powerful. It can be practiced either standing or sitting. The postures are divided into three parts, working the upper, middle and lower body. Those at all fitness levels are welcome. **CLASS LIMIT 12.**

**Instructor: Diane Ramftl**

**Begins 7/3/25**

**Sr. \$20.00**

**10 Sessions (10 Weeks)**

**Thursdays 12:00 - 1:00 p.m.**

**Non-Sr. \$50.00**

#### DRAGON QIGONG \*NEW DATE/TIME\*

In Chinese culture the dragon represents strength, courage, wisdom, harmony and good fortune. The Dragon Qigong practice helps to access the powerful energy (qi) of the dragon. Following a gentle warm up, we will practice easy to learn rotating, spiraling and flowing movements that strengthen joints, tendons, ligaments and fascia. Internal organs including the lungs, heart, kidneys and diaphragm will also benefit while enhancing strength and flexibility. **CLASS LIMIT 12.**

**Instructor: Diane Ramftl**

**Begins 7/11/25**

**Sr. \$20.00**

**10 Sessions (10 Weeks)**

**Fridays 2:00 - 3:00 p.m.**

**Non-Sr. \$50.00**

## SENIOR LITE

### SENIOR LITE

A light cardiovascular workout and light weight training designed to strengthen the heart and tone the muscles. Warm-up and cool down stretches begin and end this “feel good” class. **CLASS LIMIT 60.**

<b>Instructor: Lugene Polzella</b>	<b>Begins 6/30/25</b>	<b>Sr. \$60.00</b>
<b>30 Sessions (10 Weeks)</b>	<b>Monday, Wednesday, Friday 12:00-1:00 p.m.</b>	<b>Non-Sr. \$150.00</b>

### SR. LITE PLUS

A warm-up stretch followed by light cardiovascular workout. The latter half of this class focuses on toning and strengthening abdominals, glutes and arms. Small Class size gives focus on correct techniques.

**CLASS LIMIT 15.**

<b>Instructor: Lugene Polzella</b>	<b>Begins 6/30/25</b>	<b>Sr. \$60.00</b>
<b>30 Sessions (10 Weeks)</b>	<b>Monday, Wednesday, Friday 1:00-2:00 p.m.</b>	<b>Non-Sr. \$150.00</b>

## STEP CLASS

### LOW-IMPACT STEP CLASS \*UPDATED\*

This low-impact class will begin with a full-body warm up which will prepare you for a slow to medium BPM step class. We will incorporate body sculpting and you are welcome to bring your own weights (2lbs-5lbs). Steps are provided. **CLASS LIMIT 12.**

<b>Instructor: Lugene Polzella</b>	<b>Begins 7/5/25</b>	<b>Sr. \$20.00</b>
<b>10 Sessions (10 Weeks)</b>	<b>Saturdays 10:00 a.m.-11:00 a.m.</b>	<b>Non-Sr. \$50.00</b>

### STEP CLASS

Join us for a new class that is guaranteed to challenge your body! After a full-body warm-up you'll do 30-minutes of step aerobics that will get your heart pumping! This class is designed for you to push yourself, so you can choose how high your step is each week. The final portion of class combines weights to incorporate body sculpting into your workout. Steps are provided but you must bring your own weights, recommended between 2-5lbs. **CLASS LIMIT 12.**

<b>Instructor: Lugene Polzella</b>	<b>Begins 7/5/25</b>	<b>Sr. \$20.00</b>
<b>10 Sessions (10 Weeks)</b>	<b>Saturdays 11:00-12:00 p.m.</b>	<b>Non-Sr. \$50.00</b>

## PILATES

### PILATES I

An instructional class covering the Basic Pilates moves and principles and emphasizing correct postures, Breathing and stretching. You will learn to identify and strengthen your core muscles. Appropriate for all ages. **CLASS LIMIT 14.**

<b>INSTRUCTOR: Ann Paglione</b>	<b>Begins 6/30/25</b>	<b>Sr. \$40.00</b>
<b>20 Sessions (10 Weeks)</b>	<b>Mondays &amp; Wednesdays 5:00 – 6:00 p.m.</b>	<b>Non-Sr. \$100.00</b>

### PILATES II

An instructional class covering the Basic Pilates moves and principles and emphasizing correct postures, Breathing and stretching. You will learn to identify and strengthen your core muscles. Appropriate for all ages. **CLASS LIMIT 14.**

<b>INSTRUCTOR: Ann Paglione</b>	<b>Begins 7/1/25</b>	<b>Sr. \$40.00</b>
<b>20 Sessions (10 Weeks)</b>	<b>Tuesdays &amp; Fridays 11:00 – 12:00 p.m.</b>	<b>Non-Sr. \$100.00</b>

### **PILATES PLUS**

Strengthen your core and lower body with this fusion of Pilates, leg and glute work and abdominals. Appropriate for all levels. **CLASS LIMIT 14.**

<b>Instructor: Ann Paglione</b>	<b>Begins 6/30/25</b>	<b>Sr. \$40.00</b>
<b>20 Sessions (10 Weeks)</b>	<b>Mondays &amp; Wednesdays 6:00 – 7:00 p.m.</b>	<b>Non-Sr. \$100.00</b>

### **PILATES SCULPT I**

The perfect combination of basic weight training techniques and muscle lengthening Pilates style stretching. Appropriate for all levels. Please bring your own weights and mats. **CLASS LIMIT 14.**

<b>Instructor: Ann Paglione</b>	<b>Begins 6/30/25</b>	<b>Sr. \$60.00</b>
<b>30 Sessions (10 Weeks)</b>	<b>Mon., Wed., &amp; Fri. 10:00 – 11:00 a.m.</b>	<b>Non-Sr. \$150.00</b>

### **PILATES SCULPT II**

The perfect combination of basic weight training techniques and muscle lengthening Pilates style stretching. Appropriate for all levels. Please bring your own weights and mats. **CLASS LIMIT 14.**

<b>Instructor: Ann Paglione</b>	<b>Begins 6/30/25</b>	<b>Sr. \$60.00</b>
<b>30 Sessions (10 Weeks)</b>	<b>Mon., Wed., &amp; Fri. 9-10:00 a.m.</b>	<b>Non-Sr. \$150.00</b>

### **PILATES CORE & STRETCH**

Focus will be on strengthening core muscles and total body stretching. Resistance bands will be provided. No weights required. **CLASS LIMIT 14.**

<b>Instructor: Ann Paglione</b>	<b>Begins 6/30/25</b>	<b>Sr. \$40.00</b>
<b>20 Sessions (10 Weeks)</b>	<b>Mondays &amp; Wednesdays 11:00-12:00 p.m.</b>	<b>Non-Sr. \$100.00</b>

## **YOGA**

### **ADVANCED BEGINNER/INTERMEDIATE VINYASA \*NEW\***

A union of the mind and body. Build strength and flexibility through a more 'challenging' yoga. Develop focus, balance, concentration, patience, and determination. Learn breathing techniques, postures, and meditation to strengthen the nervous system and increase respiratory capacity. **CLASS LIMIT 15.**

<b>Instructor: Connie Muradyan</b>	<b>Begins 6/30/25</b>	<b>Sr. \$40.00</b>
<b>20 Sessions (10 Weeks)</b>	<b>Mondays &amp; Wednesdays 7:45 -9:00 a.m.</b>	<b>Non-Sr. \$100.00</b>

### **YOGA - "GENTLE"**

A union of the mind and body. Build strength and flexibility through 'gentle' yoga. Develop focus, balance, concentration, patience and determination. Learn breathing techniques, postures and meditation to strengthen the nervous system and increase respiratory capacity. **CLASS LIMIT 15.**

<b>Instructor: Kay Papandrew</b>	<b>Begins 7/1/25</b>	<b>Sr. \$32.00</b>
<b>16 Sessions (8 Weeks)</b>	<b>Tuesdays &amp; Thursdays 5:00 -6:00 p.m.</b>	<b>Non-Sr. \$80.00</b>

### **YOGA – "MODERATE"**

A union of the mind and body. Build strength and flexibility through a more 'challenging' yoga. Develop focus, balance, concentration, patience and determination. Learn breathing techniques, postures and meditation to strengthen the nervous system and increase respiratory capacity. **CLASS LIMIT 15.**

<b>Instructor: Kay Papandrew</b>	<b>Begins 7/1/25</b>	<b>Sr. \$32.00</b>
<b>16 Sessions (8 Weeks)</b>	<b>Tuesdays &amp; Thursdays 6:00 – 7:00 p.m.</b>	<b>Non-Sr. \$80.00</b>

### **NITE YOGA – ALL LEVELS**

Whether you are a beginner or advanced practitioner, this class will help you build strength and work on flexibility. You will flow through gracefully sequenced poses that can have variations to meet all levels.

#### **CLASS LIMIT 15.**

<b>Instructor: Kay Papandrew</b>	<b>Begins 7/2/25</b>	<b>Sr. \$16.00</b>
<b>8 Sessions (8 Weeks)</b>	<b>Wednesdays 6:00 to 7:00 p.m.</b>	<b>Non-Sr. \$40.00</b>

### **MORNING YOGA I – ALL LEVELS**

Whether you are a beginner or advanced practitioner, this class will help you build strength and work on flexibility. You will flow through gracefully sequenced poses that can have variations to meet all levels.

#### **CLASS LIMIT 15.**

<b>Instructor: Kay Papandrew</b>	<b>Begins 7/1/25</b>	<b>Sr. \$32.00</b>
<b>16 Sessions (8 Weeks)</b>	<b>Tuesdays &amp; Thursdays 9:00 to 10:00 a.m.</b>	<b>Non-Sr. \$80.00</b>

### **MORNING YOGA II – All Levels**

Whether you are a beginner or advanced practitioner, this class will help you build strength and work on flexibility. You will flow through gracefully sequenced poses that can have variations to meet all levels

#### **CLASS LIMIT 15.**

<b>Instructor: Kay Papandrew</b>	<b>Begins 7/1/25</b>	<b>Sr. \$32.00</b>
<b>16 Sessions (8 Weeks)</b>	<b>Tuesdays &amp; Thursdays 10:00 to 11:00 a.m.</b>	<b>Non-Sr. \$80.00</b>

### **MORNING YOGA III – All Levels**

Whether you are a beginner or advanced practitioner, this class will help you build strength and work on flexibility. You will flow through gracefully sequenced poses that can have variations to meet all levels

#### **CLASS LIMIT 15.**

<b>Instructor: Kay Papandrew</b>	<b>Begins 7/1/25</b>	<b>Sr. \$32.00</b>
<b>16 Sessions (8 Weeks)</b>	<b>Tuesdays &amp; Thursdays 11:00 to 12:00 p.m.</b>	<b>Non-Sr. \$80.00</b>

### **CHAIR YOGA I – All Levels**

Chair yoga is a course for anyone wanting to reclaim mobility in a gentle way. Reclaim your mobility and fitness with a mellow restorative practice. Benefits of chair yoga include improved flexibility. better concentration & increased strength. **CLASS LIMIT 15.**

<b>Instructor: Kay Papandrew</b>	<b>Begins 7/2/25</b>	<b>Sr. \$16.00</b>
<b>8 Sessions (8 Weeks)</b>	<b>Wednesday 12:00 to 1:00 p.m.</b>	<b>Non-Sr. \$40.00</b>

### **CHAIR YOGA II – All Levels**

Chair yoga is a course for anyone wanting to reclaim mobility in a gentle way. Reclaim your mobility and fitness with a mellow restorative practice. Benefits of chair yoga include improved flexibility. better concentration & increased strength. **CLASS LIMIT 15.**

<b>Instructor: Kay Papandrew</b>	<b>Begins 7/2/25</b>	<b>Sr. \$16.00</b>
<b>8 Sessions (8 Weeks)</b>	<b>Wednesday 5:00 to 6:00 p.m.</b>	<b>Non-Sr. \$40.00</b>

### **CHAIR YOGA III – All Levels \*NEW\***

Chair yoga is a course for anyone wanting to reclaim mobility in a gentle way. Reclaim your mobility and fitness with a mellow restorative practice. Benefits of chair yoga include improved flexibility. better concentration & increased strength. **CLASS LIMIT 15.**

<b>Instructor: Kay Papandrew</b>	<b>Begins 7/1/25</b>	<b>Sr. \$16.00</b>
<b>8 Sessions (8 Weeks)</b>	<b>Tuesdays 12:00 to 1:00 p.m.</b>	<b>Non-Sr. \$40.00</b>

## ZUMBA

### MORNING ZUMBA

The Latin inspired dance fitness program that blends hot international music. It's truly a global phenomenon that has made millions of people smile, laugh, and get an amazing workout. Every class feels like a party so come and join you don't have to know how to dance, just move your body and follow the lead, it's easy! **CLASS LIMIT 60.**

**Instructor: Marisela Dellinger**

**Begins 6/30/25**

**Sr. \$60.00**

**30 Sessions (10 Weeks)**

**Mon., Wed., Fri. 10:00 – 11:00 a.m.**

**Non-Sr. \$150.00**

### NIGHT ZUMBA

The Latin inspired dance fitness program that blends hot international music. It's truly a global phenomenon that has made millions of people smile, laugh, and get an amazing workout. Every class feels like a party so come and join you don't have to know how to dance, just move your body and follow the lead, it's easy! **CLASS LIMIT 15.**

**Instructor: Marisela Dellinger**

**Begins 7/1/25**

**Sr. \$40.00**

**20 Sessions (10 Weeks)**

**Tuesday & Thursdays 5:30 – 6:30 p.m.**

**Non-Sr. \$100.00**

### ZUMBA TONING

For those who want to put extra emphasis on “TONING” & “SCULPTING” to refine those muscles. This class offers the challenge of adding resistance by using “Zumba Toning Sticks” or “Light Weights” which will help you focus on specific muscle groups. **CLASS LIMIT 60.**

**Instructor: Marisela Dellinger**

**Begins 7/1/25**

**Sr. \$40.00**

**20 Sessions (10 Weeks)**

**Tuesdays & Thursdays 10:00 – 11:00 a.m.**

**Non-Sr. \$100.00**

### EVENING POUND

This class is a fun, full body workout that is a great way to shed some all over body pounds. Not only does it burn fat while exercising but this training helps you burn fat even after your workout. This full body workout strengthens the inner and outer thighs, core, back muscles and derriere. Many of the positions used in POUND are ideal for helping to maintain and improve balance. Participants must bring a mat and Ripstix. **CLASS LIMIT 15.**

**Instructor: Marisela Dellinger**

**Begins 7/1/25**

**Sr. \$40.00**

**20 Sessions (10 Weeks)**

**Tuesdays & Thursdays 4:00 – 5:00 p.m.**

**Non-Sr. \$100.00**

### MORNING POUND

This class is a fun, full body workout that is a great way to shed some all over body pounds. Not only does it burn fat while exercising but this training helps you burn fat even after your workout. This full body workout strengthens the inner and outer thighs, core, back muscles and derriere. Many of the positions used in POUND are ideal for helping to maintain and improve balance. Participants must bring a mat and Ripstix. **CLASS LIMIT 15.**

**Instructor: Marisela Dellinger**

**Begins 7/1/25**

**Sr. \$40.00**

**20 Sessions (10 Weeks)**

**Tuesdays & Thursdays 9:00 – 10:00 a.m.**

**Non-Sr. \$100.00**

### SLOW/BEGINNER ZUMBA

Slow Zumba is a class for beginners to teach the fundamentals and for seniors who would like a “slower” paced workout program. **CLASS LIMIT 15.**

**Instructor: Marisela Dellinger**

**Begins 7/1/25**

**Sr. \$40.00**

**20 Sessions (10 Weeks)**

**Tuesdays & Thursdays 8:00 – 9:00 a.m.**

**Non-Sr. \$100.00**

## CARDIO & STRENGTH

### CARDIO STRONG - MORNING

Challenge your body in this Muscle strengthening cardio class. Medium impact cardio movements and body sculpting will leave you feeling stronger, increase flexibility, burn calories and define various muscle groups. Please bring 2 or 3 lb. hand weights and a mat. **CLASS LIMIT 60.**

**Instructor: Jen Carollo Fischer**

**Begins 6/30/25**

**Sr. \$32.00**

**16 Sessions (8 Weeks)**

**Mondays & Wednesdays 9:00-10:00 a.m.**

**Non-Sr. \$80.00**

### TOTAL BODY STRENGTH & CONDITIONING I

Our Instructor, Paula Brown comes to us with many years of experience as a Fitness Instructor and Personal Trainer. This class is fun, challenging and gets results. With a focus on form, it is a combination of strength training, cardio, core exercises, balance training, flexibility and stretching. Modifications will be given for each exercise so intensity level can be adjusted. Make it your own!! You will need to bring light to moderate dumbbells 2-8 lbs. and a mat. **CLASS LIMIT 12.**

**Instructor: Paula Brown**

**Begins 6/30/25**

**Sr. \$40.00**

**20 Sessions (10 Weeks)**

**Mondays & Wednesdays 9:00 – 10:00 a.m.**

**Non-Sr. \$100.00**

### TOTAL BODY STRENGTH & CONDITIONING II

Our Instructor, Paula Brown comes to us with many years of experience as a Fitness Instructor and Personal Trainer. This class is fun, challenging and gets results. With a focus on form, it is a combination of strength training, cardio, core exercises, balance training, flexibility and stretching. Modifications will be given for each exercise so intensity level can be adjusted. Make it your own!! You will need to bring light to moderate dumbbells 2-8 lbs. and a mat. **CLASS LIMIT 60.**

**Instructor: Paula Brown**

**Begins 7/1/25**

**Sr. \$40.00**

**20 Sessions (10 Weeks)**

**Tuesdays & Thursdays 9:00 – 10:00 a.m.**

**Non-Sr. \$100.00**

### BEGINNER CIRCUIT & VITAL CORE, MOBILITY, AND RECOVERY \*UPDATED\*

This class will be 30 minutes of beginner circuit training, using various types of exercise equipment, and 30 minutes of recovery, incorporating tennis balls, foam rollers and stretching. Please bring two light to moderate weights (2-8 lbs) and a mat. Feel free to bring your own tennis ball and foam roller.

**CLASS LIMIT 12.**

**Instructor: Paula Brown**

**Begins 6/30/25**

**Sr. \$40.00**

**20 Sessions (10 Weeks)**

**Monday & Wednesday 11:00 a.m. – 12:00 p.m.**

**Non-Sr. \$100.00**

### INTERMEDIATE TOTAL BODY CIRCUIT I \*UPDATED\*

This class is fun, challenging and gets results. This class is a circuit style class using various types of equipment like Kettle Bells, stability balls, balance trainers, slam balls, etc. Modifications will be given for each exercise so intensity level can be adjusted. Make it your own! Please bring 1-2 sets of dumbbells that you feel comfortable starting out with" (3-10 lbs) and a mat. **CLASS LIMIT 12.**

**Instructor: Paula Brown**

**Begins 7/1/25**

**Sr. \$40.00**

**20 Sessions (10 Weeks)**

**Tuesday & Thursday 10:00 – 11:00 a.m.**

**Non-Sr. \$100.00**

### INTERMEDIATE TOTAL BODY CIRCUIT II \*UPDATED\*

This class is fun, challenging and gets results. This class is a circuit style class using various types of equipment like Kettle Bells, stability balls, balance trainers, slam balls, etc. Modifications will be given for each exercise so intensity level can be adjusted. Make it your own! Please bring two light to moderate hand weights (2-8 lbs.) and a mat. **CLASS LIMIT 12.**

**Instructor: Paula Brown**

**Begins 6/30/25**

**Sr. \$40.00**

**20 Sessions (10 Weeks)**

**Monday & Wednesday 10:00 – 11:00 a.m.**

**Non-Sr. \$100.00**

### **FLEX APPEAL WITH ROBIN \*NEW\***

Join TV and radio Health Reporter Robin Stoloff for a fun, full-body strength and flexibility class! With more than 35 years of fitness experience, Robin leads an upbeat, music-driven workout that sculpts muscles, boosts flexibility, burns calories, and improves range of motion. What to expect: dynamic warm-up to prep and protect muscles, strength moves for arms, legs, core, glutes, and back, flexibility and balance flow to enhance stability and joint health, occasional resistance tubing for variety, cooldown stretch to aid recovery. Please bring 3–12lb dumbbells, a mat, and your enthusiasm! Robin provides resistance tubing in select classes to keep things fresh. Leave feeling stronger, more limber, and ready to take on anything!

#### **CLASS LIMIT 12.**

**Instructor: Robin Stoloff**

**Begins 7/3/25**

**Sr. \$20.00**

**10 Sessions (10 Weeks)**

**Thursday 8:00 – 9:00 a.m.**

**Non-Sr. \$50.00**

### **DANCE**

### **BEGINNER ADULT TAP CLASS \*NEW DATE & TIME\***

If you are a fan of Broadway musicals and enjoy the tap productions, this class is for you! Learn the basic rudiments of tap: Technique – Terminology and Rhythms. Class will consist of learning basic tap step which will be applied to create a dance. Don't be afraid that it might be too difficult. My mission is everyone is to have F-U-N. This class is great for men and women. Tap shoes are only permitted if you bring your own tap board. Boards can be purchased from the hardware store. Recommended ¼" x 2' x 4' plywood. **CLASS**

#### **LIMIT 12.**

**INSTRUCTOR: Debbie Gatto**

**Begins 7/2/25**

**Sr. \$20.00**

**10 Sessions**

**Wednesdays 3:00 – 4:00 p.m.**

**Non-Sr. \$50.00**

### **INTERMEDIATE ADULT TAP CLASS \*NEW DATE & TIME\***

If you are a fan of Broadway musicals and enjoy the tap productions, this class is for you! Learn the basic rudiments of tap: Technique – Terminology and Rhythms. Class will consist of learning basic tap step which will be applied to create a dance. Don't be afraid that it might be too difficult. My mission is everyone is to have F-U-N. This class is great for men and women. Tap shoes are only permitted if you bring your own tap board. Boards can be purchased from the hardware store. Recommended ¼" x 2' x 4' plywood. **CLASS LIMIT 12.**

**INSTRUCTOR: Debbie Gatto**

**Begins 7/2/25**

**Sr. \$20.00**

**10 Sessions**

**Wednesdays 4:00 – 5:00 p.m.**

**Non-Sr. \$50.00**

### **BEGINNER ADULT LINE DANCE**

Kick Up Your Heels! Join Our Beginner Line Dancing Class! Ready to have fun, meet new friends, and groove to the music? Whether you're a complete novice or just looking to brush up on your moves, our lively line dancing class is perfect for you! Don't miss out on the chance to get fit, have fun, and learn something new! Let the rhythm take you away!

**INSTRUCTOR: Amanda Narcisi**

**Begins 7/1/25**

**Sr. \$16.00**

**8 Sessions**

**Tuesdays 5:30-6:30 p.m.**

**Non-Sr. \$40.00**

### **INTERMEDIATE ADULT LINE DANCE**

Elevate Your Dance Moves! Join Our Intermediate Line Dancing Class! Ready to take your line dancing skills to the next level? Join us for an exciting intermediate class designed to challenge and inspire you! Perfect for dancers with some experience, this class offers a vibrant atmosphere to refine your technique and expand your repertoire.

**INSTRUCTOR: Amanda Narcisi**

**Begins 7/3/25**

**Sr. \$16.00**

**8 Sessions**

**Tuesdays 6:30-7:30 p.m.**

**Non-Sr. \$40.00**

## FOR KIDS ONLY

### **CHESS FOR KIDS**

Come learn the ancient game of kings and royalty or come to improve your strategy and learn some new moves that will enhance your game plan! This class will begin with the basics of how each piece moves and will eventually move onto strategic plays that will stretch your mind. Ages 6 to 18 are welcome. No prior experience is necessary. Chess sets will be provided.

**Instructor: Barbara Ackerman**

**8 Sessions (8 Weeks)**

**Tuesdays 5:00 – 6:30 p.m.**

**Fee: \$50.00**

**Begins: 7/1/25**

### **GIRLS LACROSSE SUMMER SPORTS CAMP**

Open to girls entering 3rd - 9th grade. Equipment needed: lacrosse stick, goggles, mouth guard, and cleats. Coach Betsy Dougherty - a two-time World Cup Champion and member of the National Lacrosse Hall of Fame. If you have additional questions, email [betsydoc@comcast.net](mailto:betsydoc@comcast.net).

**Fee is \$100 per child, \$80 for the second child, \$70 for the third child.**

**Instructor: Betsy Dougherty**

**4 Sessions**

**Monday-Thursday 9:00 – 11:30 a.m.**

**Dates: 7/22-7/25**

### **YOUTH SUMMER SPORTS CAMP**

Beach Volleyball, Soccer, and Basketball camps are available this summer. Camps are split based on age and run from Monday to Thursday each week. Younger campers attend from 9am-10:30am and older campers attend from 10:30am-12pm. If it rains, that day's camp will be made up on Friday. If it rains twice in the week, that camp will be cancelled.

**Instructor: Various Coaches**

**Fee: \$60 for the first child, \$40 for each additional child**

#### **Schedule:**

1. Beach Volleyball, ages 6-10, June 30-July 3, 38<sup>th</sup> St. Beach
2. Beach Volleyball, ages 10-12, June 30-July 3, 38<sup>th</sup> St. Beach - **FULL**
3. Basketball, ages 6-10, July 7-July 10, 42<sup>nd</sup> St. Courts
4. Basketball, ages 10-12, July 7- July 10, 42<sup>nd</sup> St. Courts - **FULL**
5. Soccer, ages 6-10, July 14- July 17, 42<sup>nd</sup> St. Field
6. Soccer, ages 10-12, July 14- July 17, 42<sup>nd</sup> St. Field
7. Beach Volleyball, ages 6-10, July 21-July 24, 38<sup>th</sup> St. Beach
8. Beach Volleyball, ages 10-12, July 21 -July 24, 38<sup>th</sup> St. Beach - **FULL**
9. Basketball, ages 6-10, July 28-July 31, 42<sup>nd</sup> St. Courts
10. Basketball, ages 10-12, July 28-July 31, 42<sup>nd</sup> St. Courts
11. Soccer, ages 6-10, August 4-August 7, 42<sup>nd</sup> St. Field
12. Soccer, ages 10-12, August 4-August 7, 42<sup>nd</sup> St. Field
13. Beach Volleyball, ages 6-10, August 11-August 14, 38<sup>th</sup> St. Beach
14. Beach Volleyball, ages 10-12, August 11-August 14, 38<sup>th</sup> St. Beach - **FULL**

# SISTER CELESTE ART CLASSES

**\*\*ALL CLASSES ARE LIMITED TO 12 PARTICIPANTS\*\***

## DRAWING

### DRAWING-ADVANCED PENCIL SKETCH

Linear perspective is used to draw buildings, objects and landscape, but it can also help us to draw the body in perspective. This class will review 1 point, 2 point and 3-point perspective and then apply these principles to figure drawing. Students will develop their skills while drawing from models. **The class originally scheduled for July 4th will be held on MONDAY, June 30th.**

**Class Dates: 6/30, 7/11, 8/1, 8/7, 8/15, 8/22, 8/29, 9/5, 9/12, 9/19**

**Instructor: Sister Celeste Mokrzycki**

**Begins 6/30/25**

**Sr. \$80.00**

**10 Sessions (10 Weeks)**

**Fridays 9:30 - 11:00 a.m.**

**Non-Sr. \$130.00**

### DRAWING- PENCIL SKETCH

Using photographs of still life, flowers, seascapes & landscapes as sources of visual inspiration, you'll find out how to work with perspective, positive and negative shape & texture as you explore the use of traditional drawing materials. The class drawings will help you to develop skills while encouraging personal expression & creativity. A great class for beginners or intermediate students. **The class originally scheduled for July 4th will be held on MONDAY, June 30th.**

**Class Dates: 6/30, 7/11, 8/1, 8/7, 8/15, 8/22, 8/29, 9/5, 9/12, 9/19**

**Instructor: Sister Celeste Mokrzycki**

**Begins 6/30/25**

**Sr. \$80.00**

**10 Sessions (10 Weeks)**

**Fridays 11:30 - 1:00 p.m.**

**Non-Sr. \$130.00**

## PAINTING

### PAINTING IN VARIOUS MEDIA

This class will experiment with watercolor, gouache, and painting with acrylic and cold wax. After an introductory lesson, students will choose the medium that they would like to explore. Subjects will be decided by the students. **Class Dates: 7/1, 7/8, 7/29, 8/5, 8/12, 8/19, 8/26, 9/2, 9/9, 9/16**

**Instructor: Sister Celeste Mokrzycki**

**Begins 7/1/25**

**Sr. \$80.00**

**10 Sessions (10 Weeks)**

**Tuesdays 2:15pm – 4:15pm**

**Non-Sr. \$130.00**

### PAINTING WITH ACRYLICS

Acrylic is the perfect medium to try in order to create vibrant landscapes, still life and abstract paintings. In class you will learn the foundations of working with the painting in thin layers like watercolors or in thicker, more opaque applications like oil paint. Since acrylic paint dries quickly, it can be painted over many times until the artist is satisfied with the results. The paint can be diluted and cleaned with water, making it simple to use and odorless. We will learn about the setup and materials, color mixing and pigment choice, brush-handling and palette-knife techniques. All adults are welcome whether you are a beginner or an experienced artist. **The class originally scheduled for July 4th will be held on MONDAY, June 30th. Class Dates: 6/30, 7/11, 8/1, 8/7, 8/15, 8/22, 8/29, 9/5, 9/12, 9/19**

**Instructor: Sister Celeste Mokrzycki**

**Begins 6/30/25**

**Sr. \$100.00**

**10 Sessions (10 Weeks)**

**Fridays 1:30 - 4:00 p.m.**

**Non-Sr. \$150.00**

## WATERCOLOR

### WATERCOLOR-ADVANCED

During this semester, we will stress creating original works. Students will alternate working from still life set-ups in the classroom and/or working from their own photographs. Some of these paintings will express a theme which each student will select for themselves.

**Class Dates:** 7/3, 7/10, 7/31, 8/7, 8/14, 8/21, 8/28, 9/4, 9/11, 9/18

**Instructor:** Sister Celeste Mokrzycki

**Begins** 7/3/25

**Sr. \$80.00**

**10 Sessions (10 Weeks)**

**Thursdays 9:30 - 11:30 a.m.**

**Non-Sr. \$130.00**

### WATERCOLOR-EXPERIMENTAL

Using a variety of papers and materials, we will expand the boundaries of watercolor painting. Unleash your creativity and move beyond what you may know about watercolor and be ready to be surprised by what you create. **Class Dates:** 7/3, 7/10, 7/31, 8/7, 8/14, 8/21, 8/28, 9/4, 9/11, 9/18

**Instructor:** Sister Celeste Mokrzycki

**Begins** 7/3/25

**Sr. \$80.00**

**10 Sessions (10 Weeks)**

**Thursdays 12:00 - 2:00 p.m.**

**Non-Sr. \$130.00**

### WATERCOLOR- BEGINNER

Interested in learning the basic skills & techniques of watercolor? Tried the medium years ago but haven't painted since? This class is for you and anyone who wants to learn the fundamentals of this medium.

**Class Dates:** 7/1, 7/8, 7/29, 8/5, 8/12, 8/19, 8/26, 9/2, 9/9, 9/16

**Instructor:** Sister Celeste Mokrzycki

**Begins** 7/1/25

**Sr. \$80.00**

**10 Sessions (10 Weeks)**

**Thursdays 12:00 – 2:00 p.m.**

**Non-Sr. \$130.00**

### WATERCOLOR- INTERMEDIATE

This class is for those who want to develop their skills and techniques. Students will paint the subject with the instructor as she demonstrates the process. The pace is slower, so that all can follow the lesson.

**Class Dates:** 7/3, 7/10, 7/31, 8/7, 8/14, 8/21, 8/28, 9/4, 9/11, 9/18

**Instructor:** Sister Celeste Mokrzycki

**Begins** 7/3/25

**Sr. \$80.00**

**10 Sessions (10 Weeks)**

**Thursdays 2:15 - 4:15 p.m.**

**Non-Sr. \$130.00**

### WATERCOLOR- MIXED LEVELS

Have you always loved watercolor? Do you want to get back to doing it again? We will explore basic principles of design like composition, unity, balance, etc. Each workshop will include a demonstration, basic instruction, time to paint and suggestions for easy-to-follow lessons that you can do on your own if you wish. We will learn from each other while expressing ourselves creatively and having fun in the process! **Class Dates:** 7/1, 7/8, 7/29, 8/5, 8/12, 8/19, 8/26, 9/2, 9/9, 9/16

**Instructor:** Sister Celeste Mokrzycki

**Begins** 7/1/25

**Sr. \$80.00**

**10 Sessions (10 Weeks)**

**Tuesdays 6:00 - 8:00 p.m.**

**Non-Sr. \$130.00**



# BBCC RECREATIONAL ACTIVITIES

## **ADULT BASKETBALL**

Open gym program, choose sides and play half court games. **Waiver required.**

**BBCC Gym:**

Friday 8:30 a.m. – 9:45 a.m.

**NO FEE**

## **ADULT BADMINTON**

**BBCC ½ Gym:**

Monday 7:00 p.m. – 8:45 p.m.

Wednesday 7:00 p.m. – 8:45 p.m.

**NO FEE**

## **TEEN OPEN GYM BASKETBALL (Ages 13-16)**

Open gym program, choose up sides and play half court games. **Waiver required.**

**Supervisor:** Staff

**BBCC ½ Gym:**

Thursday 7:00 p.m. – 8:45 p.m.

Saturday 8:30 a.m. – 10:00 a.m.

**NO FEE**

## **YOUTH OPEN GYM BASKETBALL (Age 12 & Under)**

Open gym program, choose sides and play half court games. **Waiver required.**

**Supervisor:** Staff

**BBCC ½ Gym:**

Tuesday 7:30 p.m. – 8:45 p.m.

Wednesday 4:00 p.m. – 6:00 p.m.

Thursday 6:00 p.m. – 7:00 p.m.

Saturday 10:00 a.m. – 1:00 p.m.

**NO FEE**

## **TODDLER TIME (Age 5 & under)**

Open activities and free time for toddlers. **Waiver and parental supervision required.**

**Supervisor:** Parent/Guardian

**BBCC Gym:**

Monday 11:00 a.m. – 11:45 a.m.

Wednesday 11:00 a.m. – 11:45 a.m.

Friday 11:00 a.m. – 11:45 a.m.

**NO FEE**

## **ADULT VOLLEYBALL**

**BBCC ½ Gym:**

Monday 7:00 – 8:45 p.m.

Saturday 1:00 – 3:45 p.m.

**NO FEE**

# GAMES, CARDS, AND CRAFTS

## **BRIDGE**

**Location: Dining Room**

Monday 12:30 – 4:00 p.m.

Tuesday 12:30 – 4:00 p.m.

Wednesday 12:30 – 4:00 p.m.

## **DOMINOES**

**Location: Dining Room**

Wednesday 1:00 – 3:00 p.m.

## **SCRABBLE**

**Location: Dining Room**

Tuesday 1:00 – 3:00 p.m.

## **MAHJONG**

**Location: Dining Room**

Thursday 12:30 – 3:00 p.m.

## **MEXICAN DOMINOES**

**Location: Dining Room**

Tuesday 1:00 – 3:00 p.m.

Thursday 1:00 – 3:00 p.m.

## **KNITTING & CROCHETING**

**Location: Dining Room**

Tuesday 4:00 – 6:00 p.m.

Wednesday 3:00 – 5:00 p.m.

Thursday 4:00 – 6:00 p.m.

## **QUILTING**

**Location: Multi-Purpose Room**

Thursday 1:00 – 4:00 p.m.

## **COMMUNITY PUZZLES**

**Location: Main Lobby and Dining Room**

Available whenever the building is open.

The Brigantine CER is proud to host various groups of game players, card players, and crafters throughout the week. The groups above are welcoming new members. Anyone interested in joining can meet the group on their respective date/time listed. If you are interested in forming a new game, card, or crafting group, please reach out to the CER at (609) 264-7350.

# 2026 CER TRIPS

## TRIPS HOSTED BY JET VACATIONS

### ARGENTINA UNVEILED

**February 28<sup>th</sup> – March 11<sup>th</sup>**

Land trip to bustling Buenos Aires and pristine Patagonia.

### SCANDINAVIAN DREAM

**September 5<sup>th</sup> – September 16<sup>th</sup>**

Land trip to covering Norway, Sweden, Denmark, and the Fjords.

## TRIPS HOSTED BY BOSCOV'S TRAVEL

### BEST OF GREECE AND TURKEY CRUISE\*

**April 18<sup>th</sup> – May 1<sup>st</sup>**

This cruise begins in Athens and cruises to four ports in Greece and two ports in Turkey before returning to Athens. We will be cruising on the Celebrity Infinity.

### GRAND HOTEL, MACKINAC ISLAND, MI\*

**May 30<sup>th</sup> – June 5<sup>th</sup>**

We are offering this land tour by motorcoach. In addition to a two-night stay at the Grand Hotel, we will be visiting the following: Flight 93 Memorial; Rock & Roll Hall of Fame in Cleveland; The Ford Rouge Factory; a stay in Frankenmuth, MI; the NFL Pro Football Hall of Fame in Canton, OH.

**For more information on the Boscov's Travel trips, attend the Boscov's Travel meeting!**

**Monday, June 16, 6pm, Brigantine CER, RSVP is required – (609) 264-7350**

**For more information on all trips, call 609-264-7350 or stop by the Brigantine Beach Community Center and speak with Jim.**

# BRIGANTINE COMMUNITY EDUCATION AND RECREATION

## ***2025 SUMMER CONCERT SERIES***

Wednesday	May 28, 2025	Brenda Bass & The Swingettes
Wednesday	June 4, 2025	Lighthouse 8
Wednesday	June 18, 2025	Jim Craine & Atlantic City All Stars
Wednesday	June 25, 2025	Fabmania – Beatles Tribute
Wednesday	July 2, 2025	Pitman Hobo Band
Thursday	July 3, 2025	Friends Classic Rock
Wednesday	July 16, 2025	Tony DeLuca Band
Wednesday	July 23, 2025	Six Mile Cross – Irish Music
Wednesday	July 30, 2025	Odyessea
Wednesday	August 6, 2025	TK and the Howlers
Wednesday	August 13, 2025	Friends Classic Rock
Wednesday	August 20, 2025	Seth Kibel – Brigantine Community School
Thursday	December 11, 2025	Suite Inspiration – Brigantine Community School Christmas Concert

### **FREE CONCERT SERIES** **CONCERTS WILL BE HELD AT:**

**Brigantine Beach Community Center Lawn  
(Unless Otherwise Noted)  
265 42<sup>nd</sup> Street  
Bring a chair or a blanket to sit on**

### **OUTSIDE – WEATHER PERMITTING**

Rain dates for all Wednesday concerts will be held the following day

**Concerts start at 7:00 p.m. unless otherwise noted**

**For further information contact the CER Office located in  
Brigantine Beach Community Center, Brigantine, NJ 08203 at (609) 264-7350**

Updated 5/21/25

# BRIGANTINE PICKLEBALL & TENNIS INFORMATION

**Outdoor Tennis:** Courts are available first come, first serve from Labor Day to Memorial Day. A membership is required to reserve tennis courts from Memorial Day to Labor Day. Upon entering the Outdoor Pickleball/Tennis Facility, all participants must check in with the staff. All available dates/times can be reserved on a first-come, first serve basis through the Court Reserve program.

**Outdoor Pickleball:** Courts are available first come, first serve from Labor Day to Memorial Day. A membership is required to join an open-play session or reserve pickleball courts from Memorial Day to Labor Day. Upon entering the Outdoor Pickleball/Tennis Facility, all participants must check in with the staff. There are three 2-hour pickleball open-play sessions per day and all participants must adhere to their self-assigned skill level. All other available dates/times can be reserved on a first-come, first serve basis through the Court Reserve program.

**Indoor Pickleball:** A membership is required to join an open-play session. Upon entering the Brigantine Community Center, all participants must check in with the staff at the front desk. There are various pickleball sessions per day. All participants must adhere to their self-assigned skill level.

## **CREATING AN ACCOUNT**

1. Download the Court Reserve app or go to [Courtreserve.com](https://Courtreserve.com). Click "Login".
2. Click "Join Organization" and search "City of Brigantine Beach New Jersey"
3. Select "Create Account" and enter your information
4. Select the membership type you want and enter payment information

## **TYPES OF OUTDOOR MEMBERSHIPS**

### **Outdoor-Only Season Membership - \$120 - Age 13 to 59**

- Can book 7 days in advance
- Member may play in one 2-hour outdoor pickleball session per day at no fee
- Member may reserve one pickleball or tennis court per day at no fee, can bring up to 3 guests
  - Additional pickleball or tennis court rental at \$12/court, per hour, can bring up to 3 guests

### **Outdoor-Only Senior Season Membership - \$100 - Age 60 and Above**

- Can book 7 days in advance
- Member may play in one 2-hour outdoor pickleball session per day at no fee
- Member may reserve one pickleball or tennis court per day at no fee, can bring up to 3 guests
  - Additional pickleball or tennis court rental at \$12/court, per hour, can bring up to 3 guests

### **Outdoor-Only Youth Season Membership - \$60 - Age 12 and Under**

- Can book 7 days in advance
- Member may reserve one pickleball or tennis court per day at no fee, can bring up to 3 guests
- Member may reserve courts for up to 7 hours per week at no fee

### **Outdoor-Only Month Membership (31 Consecutive Days) - \$60 - No Age Discount**

- Can book 7 days in advance
- Member may play in one 2-hour outdoor pickleball session per day at no fee
- Member may reserve one pickleball or tennis court per day at no fee, can bring up to 3 guests
  - Additional pickleball or tennis court rental at \$12/court, per hour

### **Outdoor-Only Pay as you Go Membership - No Fee Upfront, No Age Discount**

- Can book 3 days in advance
- Member may attend one outdoor pickleball session or tennis session for \$10
- Member may reserve pickleball or tennis court at \$12/court, per hour, can bring up to 3 guests

## **TYPES OF INDOOR MEMBERSHIPS**

### **Indoor-Only Annual Membership - \$120 - Age 18 to 59**

- Can book 7 days in advance
- Member may play in one 2-hour indoor pickleball session per day at no fee

### **Indoor-Only Senior Annual Membership - \$100 - Age 60 and Above**

- Can book 7 days in advance
- Member may play in one 2-hour indoor pickleball session per day at no fee

### **Indoor-Only Month Membership (31 Consecutive Days) - \$12 - No Age Discount**

- Can book 7 days in advance
- Member may play in one 2-hour indoor pickleball session per day at no fee

### **Indoor-Only Pay as you Go Membership - No Fee Upfront, No Age Discount**

- Can book 3 days in advance
- Member may attend one indoor pickleball session for \$2

## **TYPES OF INDOOR/OUTDOOR MEMBERSHIPS**

### **Indoor/Outdoor Annual Membership - \$220 - Age 13 to 59**

- Can book 7 days in advance
- Member may play in one indoor 2-hour pickleball session per day at no fee
- Member may play in one 2-hour outdoor pickleball session per day at no fee
- Member may reserve one outdoor pickleball or tennis court/day at no fee, can bring up to 3 guests
  - Additional pickleball or tennis court rental at \$12/court, per hour, can bring up to 3 guests

### **Indoor/Outdoor Senior Annual Membership - \$180 - Age 60 and Above**

- Can book 7 days in advance
- Member may play in indoor one 2-hour pickleball session per day at no fee
- Member may play in one 2-hour outdoor pickleball session per day at no fee
- Member may reserve one outdoor pickleball or tennis court/day at no fee, can bring up to 3 guests
  - Additional pickleball or tennis court rental at \$12/court, per hour, can bring up to 3 guests

### **Indoor/Outdoor Month Membership (31 Consecutive Days) - \$70 - No Age Discount**

- Can book 7 days in advance
- Member may play in indoor one 2-hour pickleball session per day at no fee
- Member may play in one 2-hour outdoor pickleball session per day at no fee
- Member may reserve one outdoor pickleball or tennis court/day at no fee, can bring up to 3 guests
  - Additional pickleball or tennis court rental at \$12/court, per hour, can bring up to 3 guests

### **Indoor/Outdoor Pay as you Go Membership - No Fee Upfront, No Age Discount**

- Can book 3 days in advance
- Member may attend one indoor pickleball session for \$2
- Member may attend one outdoor pickleball session or tennis session for \$10
- Member may reserve pickleball or tennis court at \$12/court per hour, can bring up to 3 guests

## **QUESTIONS?**

Contact the CER by calling (609) 264-7350  
Monday to Thursday, 8:00am – 9:00pm  
Friday and Saturday, 8:00am – 4:00pm  
Closed Sunday