



***Brigantine Community Education and Recreation***  
**"A total Commitment to the Community"**

***SPRING PROGRAM 2024***

**WE DO NOT ALLOW WALK-INS IN ANY OF OUR SCHEDULED CLASSES**

All Courses will be held at the BBCC, 265 42<sup>nd</sup> Street unless otherwise noted

**REGISTRATION WILL BE MAR. 4<sup>TH</sup> THRU MAR. 29<sup>TH</sup>**

**Register Online at:  
Brigantine.recdesk.com  
Starting March 4, 2024 at 9:00 a.m.**

**CLASSES BEGIN THE WEEK OF APRIL 8, 2024**

**The Community Center will be closed on the following date:  
May 27, 2024, Memorial Day  
Classes will be made up at the end of the Session**



**BRIGANTINE CER SPRING SESSION UPDATE**

The Brigantine Beach Community Center (CER) prides itself on offering a variety of programs and classes for the Brigantine and surrounding communities. Historically, registration would take place in-person, but that will soon be changing with the movement to a new online registration platform, RecDesk.

Folks interested in registering for CER programs for the Spring Session will be able to do so online, starting the first week in March. The exact date/time for registration will be updated on the Brigantine Beach CER Facebook page and City website.

All classes and programs will be listed on the new website and users can filter by specific class type to find the class that fits their needs. Once selected, users will add the class to their shopping cart and will be prompted to pay online with a credit card, which is a first for CER operations.

The CER staff know this is a big transition, so there are resources available to assist in this migration to online registration. There are instructional handouts available in the lobby of the CER and on the CER website, and there will be training sessions at the CER for community members to learn how to register. If you plan to attend a training session, please bring a laptop or tablet if you have one. Those training sessions will be on:

- Wednesday, February 21<sup>st</sup> from 3pm-4pm in the CER Multipurpose Room
- Friday, February 23<sup>rd</sup> from 10am-11am in the CER Multipurpose Room
- Tuesday, February 27<sup>th</sup> from 7pm-8pm in the CER Multipurpose Room

If you or someone you know does not have a laptop, tablet, or phone with internet access, there are additional resources available to assist with the online registration process. The CER has tablets available for in-person use and the CER staff will be on-site Monday-Thursday from 9am-7pm and 9am-3pm on Fridays to assist users. The CER has also provided instructional training to the Brigantine Library and its staff, so they are available to help anyone looking to register for CER programs using a library computer.

Here are some answers to some frequently asked questions:

Q: Do I have to register online?

A: Yes, all registration will be online. All payments will be made online with a credit card.

Q: Do I need an account to register?

A: Yes. We encourage creating accounts in advance to expedite the registration process. Families can create one account if they designate one person as the Head of Household and can add family members to their account.

Q: When will registration go live?

A: The first week in March, but all classes are available to view on the website now.

Q: Where can I see the website?

A: The website is [Brigantine.recdesk.com](http://Brigantine.recdesk.com). Note: do not type "www" in the web address.

Aside from program registration, the website also has a calendar feature which shows up-to-date information about open gym times. Moving to online registration will allow folks to register from anywhere they have internet access, which will be helpful for those traveling during the registration period. All questions about the new online registration process can be directed to the CER by calling (609) 264-7350 ext. 1.





## COURSES

### FILM COURSE

Writer/Director/Actor Woody Allen Posited: "Of the thousands of films produced over the years, few achieve Oscar status. That doesn't mean other films are not worthy of your time and money . This course will view an eclectic array of 8 of the many films that fit Allen's description. Included are such works as Awakenings, Lost Horizon, The Conspirator, Coming Home, among others. (Note: All films are subject to availability.)

**Class Limited to 18 People.**

**Instructor: Richard Monastra**

**Sr. - \$75.00**

**Non-Sr. - \$125.00**

**8 Sessions**

**Wednesdays**

**6:00-9:00 p.m.**

**Begins 4/10/24**

### LA BELL' ITALIA I

If you are of Italian heritage, married into an Italian family or happened to fall in love with Italy, La Bell' Italia is a journey through this unique and beautiful country. We will travel through its geography and learn about its government, industry and cultural riches, including language and cuisine. Be prepared to offer your experiences and knowledge along the way.

**INSTRUCTOR: Patricia Violante**

**Sr. \$25.00**

**Non-Sr. 75.00**

**8 Sessions**

**Thursdays**

**6:00-7:00 p.m.**

**Begins 4/11/24**

### PASTEL PAINTING – ALL LEVELS WELCOME

Join this class or continue on working with Rae Smith, Hall of Fame Honoree & Master Pastelist of the Pastel Society of America as you share her love for this beautiful medium. This class is for adult students who have been captured by the Pastel Medium. We will continue to emphasize the importance of composition and design, drawing skills, color and value and explore the many ways to improve and grow in your work.

**CLASS LIMIT: 12 STUDENTS - NO WALK-INS PERMITTED**

**Instructor: Rae Smith**

**Sr. - \$80.00**

**Non-Sr. - \$130.00**

**8 Sessions**

**Wednesdays**

**1:00-3:00 p.m.**

**Begins: 4/10/24**

### DIGITAL PHOTOGRAPHY

Do you have a Digital Camera or Mobile Phone? Would you like to know how to use them for better photography? This course is for you. We will get to know photography fundamentals and explore activities to enhance your photographic skills. A laptop or tablet will be useful for editing your photographs.

This will be a 4 Session course

Class Limited to 10 People.

**INSTRUCTOR: Bill Paullin**

**4 Sessions**

**Tuesdays**

**6:00-8:00 p.m.**

**Sr. \$35.00**

**Non Sr. \$70.00**

**4/9; 4/23; 5/7 & 5/21**

**Begins: 4/9/24**

## FITNESS

**CER NO LONGER PROVIDES MATS & WEIGHTS**

### SENIOR LITE

A light cardiovascular workout and light weight training designed to strengthen the heart and tone the muscles. Warm-up and cool down stretches begin and end this "feel good" class.

**Instructor: Lugene Polzella** **Sr. \$25.00** **Non-Sr. \$75.00**  
**24 Sessions** Monday, Wednesday, Friday 12:00-1:00 p.m. **Begins 4/8/24**

### SR. LITE PLUS

A warm-up stretch followed by light cardiovascular workout. The latter half of this class focuses on toning and strengthening abdominals, glutes and arms. Small Class size gives focus on correct techniques.

**CLASS LIMIT 15.**

**Instructor: Lugene Polzella** **Sr. - \$25.00** **Non-Sr. - \$75.00**  
**24 Sessions** Monday, Wednesday, Friday 1:00-2:00 p.m. **Begins 4/8/24**

### BEGINNER PILATES I

An instructional class covering the Basic Pilates moves and principles and emphasizing correct postures, Breathing and stretching. You will learn to identify and strengthen your core muscles. Appropriate for all ages. **CLASS LIMIT 14**

**INSTRUCTOR: Ann Paglione** **Sr. \$25.00** **Non-Sr. \$75.00**  
**16 Sessions** Mondays & Wednesdays 5:00 – 6:00 p.m. **Begins 4/8/24**

### BEGINNER PILATES II

An instructional class covering the Basic Pilates moves and principles and emphasizing correct postures, Breathing and stretching. You will learn to identify and strengthen your core muscles. Appropriate for all ages. **CLASS LIMIT 14**

**INSTRUCTOR: Ann Paglione** **Sr. \$25.00** **Non-Sr. - \$75.00**  
**16 Sessions** Tuesdays & Fridays 11:00 – 12:00 p.m. **Begins 4/9/24**

### PILATES PLUS

Strengthen your core and lower body with this fusion of Pilates, leg and glute work and abdominals. Appropriate for all levels. **CLASS LIMIT 14**

**Instructor: Ann Paglione** **Sr. \$25.00** **Non-Sr. \$75.00**  
**16 Sessions** Mon. & Wed. 6:00 – 7:00 p.m. **Begins 4/8/24**

### PILATES SCULPT I

The perfect combination of basic weight training techniques and muscle lengthening pilates style stretching. Appropriate for all levels. Please bring your own weights and mats. **CLASS LIMIT 14**

**Instructor: Ann Paglione** **Sr. \$25.00** **Non-Sr. \$75.00**  
**24 Sessions** Mon., Wed., & Fri. 10:00 – 11:00 a.m. **Begins 4/8/24**

### **PILATES SCULPT II**

The perfect combination of basic weight training techniques and muscle lengthening pilates style stretching. Appropriate for all levels. Please bring your own weights and mats. **CLASS LIMIT 14**

**Instructor: Ann Paglione**

**Sr. \$25.00**

**Non-Sr. \$75.00**

**24 Sessions**

Mon.,Wed. 11-12:00 p.m. & Fri. 9 – 10:00 a.m.

**Begins 4/8/24**

### **YOGA - "Gentle"**

A union of the mind and body. Build strength and flexibility through 'gentle' yoga. Develop focus, balance, concentration, patience and determination. Learn breathing techniques, postures and meditation to strengthen the nervous system and increase respiratory capacity. **CLASS LIMIT 15**

**Instructor: Kay Papandrew**

**Sr. \$25.00**

**Non-Sr. \$75.00**

**16 Sessions**

Tuesdays & Thursdays 5:00 -6:00 p.m.

**Begins 4/9/24**

### **YOGA – "Moderate"**

A union of the mind and body. Build strength and flexibility through a more 'challenging' yoga. Develop focus, balance, concentration, patience and determination. Learn breathing techniques, postures and meditation to strengthen the nervous system and increase respiratory capacity. **CLASS LIMIT 15**

**Instructor: Kay Papandrew**

**Sr. \$25.00**

**Non-Sr. \$75.00**

**16 Sessions**

Tuesdays & Thursdays 6:00 – 7:00 p.m.

**Begins 4/9/24**

### **NITE YOGA – ALL LEVELS**

Whether you are a beginner or advanced practitioner, this class will help you build strength and work on flexibility. You will flow through gracefully sequenced poses that can have variations to meet all levels.

**CLASS LIMIT 15**

**Instructor: Kay Papandrew**

**Sr. \$25.00**

**Non-Sr. \$75.00**

**8 Sessions**

Wednesdays 6:00 to 7:00 p.m.

**Begins 4/10/24**

### **MORNING YOGA I – ALL LEVELS**

Whether you are a beginner or advanced practitioner, this class will help you build strength and work on flexibility. You will flow through gracefully sequenced poses that can have variations to meet all levels

**CLASS LIMIT 15**

**Instructor: Kay Papandrew**

**Sr. \$25.00**

**Non-Sr. \$75.00**

**16 Sessions**

Tuesdays & Thursdays 9:00 to 10:00 a.m.

**Begins 4/9/24**

### **MORNING YOGA II – All Levels**

Whether you are a beginner or advanced practitioner, this class will help you build strength and work on flexibility. You will flow through gracefully sequenced poses that can have variations to meet all levels

**CLASS LIMIT 15**

**Instructor: Kay Papandrew**

**Sr. \$25.00**

**Non-Sr. \$75.00**

**16 Sessions**

Tues. & Thurs. 10:00 to 11:00 a.m.

**Begins 4/9/24**

### **CHAIR YOGA – New Class - All Levels**

Chair yoga is a course for anyone wanting to reclaim mobility in a gentle way. Reclaim your mobility and fitness with a mellow restorative practice. Benefits of chair yoga include improved flexibility, better concentration & increased strength

**Class Limit 15**

**Instructor Kay Papandrew**

**Sr. \$25.00**

**Non-Sr. \$75.00**

**8 Sessions**

**Wednesday 12:00 to 1:00 p.m.**

**Begins 4/10/24**

### **MORNING ZUMBA**

The Latin inspired dance fitness program that blends hot international music. It's truly a global phenomenon that has made millions of people smile, laugh, and get an amazing workout. Every class feels like a party so come and join you don't have to know how to dance, just move your body and follow the lead, it's easy!

**Instructor: Marisela Dellinger**

**Sr. \$25.00**

**Non-Sr. \$75.00**

**24 Sessions**

**Mondays, Thurs., Fri. 10:00 – 11:00 a.m.**

**Begins 4/8/24**

### **SLOW/BEGINNER ZUMBA**

Slow Zumba is a class for beginners to teach the fundamentals and for seniors who would like a "slower" paced workout program.

**Instructor: Marisela Dellinger**

**Sr. \$25.00**

**Non-Sr. \$75.00**

**16 Sessions**

**Mondays & Wednesdays 9:00 – 10:00 a.m.**

**Begins 4/8/24**

### **NIGHT ZUMBA**

The Latin inspired dance fitness program that blends hot international music. It's truly a global phenomenon that has made millions of people smile, laugh, and get an amazing workout. Every class feels like a party so come and join you don't have to know how to dance, just move your body and follow the lead, it's easy! **CLASS LIMIT 15**

**Instructor: Marisela Dellinger**

**Sr. \$25.00**

**Non-Sr. \$75.00**

**16 Sessions**

**Tuesday & Thursdays 5:30 – 6:30 p.m.**

**Begins 4/9/24**

### **ZUMBA TONING**

For those who want to put extra emphasis on **"TONING" & "SCULPTING"** to refine those muscles. This class offers the challenge of adding resistance by using "Zumba Toning Sticks" or "Light Weights" which will help you focus on specific muscle groups.

**Instructor: Marisela Dellinger**

**Sr. \$25.00**

**Non-Sr. \$75.00**

**16 Sessions**

**Tuesdays & Wednesdays 10:00 – 11:00 a.m.**

**Begins: 4/9/24**

### **POUND WORKOUT – A New Fitness Trend**

This class is a fun, full body workout that is a great way to shed some all over body pounds. Not only does it burn fat while exercising but this training helps you burn fat even after your workout. This full body workout strengthens the inner and outer thighs, core, back muscles and derriere. Many of the positions used in POUND are ideal for helping to maintain and improve balance. Participants must bring a mat and Ripstix.

**Instructor: Marisela Dellinger**

**Sr. \$25.00**

**Non-Sr. \$75.00**

**16 Sessions**

**Tuesdays & Thursdays 4:00 – 5:00 p.m.**

**Begins: 4/9/24**

### **CARDIO STRONG - MORNING**

Challenge your body in this Muscle strengthening cardio class. Medium impact cardio movements and body sculpting will leave you feeling stronger, increase flexibility, burn calories and define various muscle groups. Please bring 2 or 3 lb. hand weights and a mat.

**Instructor: Jen Carollo Fischer**

**Sr. \$25.00**

**Non-Sr. \$75.00**

**16 Sessions**

**Mondays & Wednesdays 9:00-10:00 a.m.**

**Begins: 4/8/24**

**TOTAL BODY STRENGTH & CONDITIONING.** Our Instructor, Paula Brown comes to us with many years of experience as a Fitness Instructor and Personal Trainer.

This class is fun, challenging and gets results. With a focus on form, it is a combination of strength training, cardio, core exercises, balance training, flexibility and stretching. Modifications will be given for each exercise so intensity level can be adjusted. Make it your own!! You will need to bring light to moderate dumbbells 2-8 lbs and a mat

**Instructor: Paula Brown**

**Sr. 25.00**

**Non Sr. \$75.00**

**16 Sessions**

**Tuesday & Thursday 9:00 – 10:00 a.m.**

**Begins: 4/9/24**

### **QIGONG FOR HEALTH AND LONGEVITY**

Through fun and easy to learn breathing techniques and gentle flowing movements, participants will learn to keep the Qi (life force energy) flowing, helping to promote relaxation, balance and flexibility and nourishing of all body systems. All fitness levels welcome.

**Instructor: Diane Ramftl**

**Sr. \$25.00**

**Non-Sr. \$75.00**

**8 Sessions**

**Thursdays 12:00 - 1:00 p.m.**

**Begins: 4/11/24**

**No Walk-Ins Permitted**

**FOLLOW US ON FACEBOOK**  
**Brigantine Beach CER**

**Brigantine Beach Community & Recreation**

**265 42<sup>nd</sup> Street**

**Brigantine, NJ 08203**

**Jim Mogan – Director**

**609-264-7350 Ext. 1**



## FOR KIDS ONLY

### **CHESS FOR KIDS**

Come learn the ancient game of kings and royalty! Or come to improve your strategy and learn some new moves that will enhance your game plan. This class will begin with the basics of how each piece moves, and will quickly move onto strategic play that will stretch your mind. Ages 6 to 18 are welcome. No prior experience is necessary. Chess sets will be provided

**Instructor: Barbara Ackermann**

**8 Sessions**

**Tuesdays**

**5:00-6:30 p.m.**

**FEE: \$40.00**

**Begins: 4/9/24**

### **KIDS YOGA**

Calling all kids age 8 thru 13 !! Come out and learn some basic yoga postures. Not only does Yoga offer health benefits by improving physical fitness for posture and balance, it helps to increase flexibility and it's also a lot of fun!! **AGES: 8 THRU 13 ONLY** Class limited to 12 Children.

**Instructor: Kay Papandrew**

**8 Sessions**

**Saturdays**

**9:00 – 9:45 a.m.**

**FEE: \$40.00**

**Begins 4/13/24**

### **KIDS ZUMBA**

Give your children a break from their computers and have them join "An Energetic Zumba/Fitness Program" designed especially for kids!! They will have a great time learning the fundamentals and fun of "ZUMBA". **AGES: 5 THRU 13 ONLY** Class limited to 12 children.

**Instructor: Marisela Dellinger**

**8 Sessions**

**Saturdays**

**10:00 – 10:45 a.m.**

**FEE: \$40.00**

**Begins 4/13/24**

### **KIDS SKETCHING AND ANIMATION DRAWING**

This program is an opportunity to introduce children ages 8 to 15 to pencil sketching and animation drawing. Our aim is to develop children's creative art skills via their favorite classic and contemporary characters from books, movies, cartoons, games, anime and superhero comics. Our Instructor will present a step by step integration of basic art skills with a guided approach to drawing techniques. Come and join this fun new class. Supplies to bring: Sketch Pad and Pencils HB to 8B. Class limited to 8 students.

**Instructor: Yan Yao**

**8 Sessions**

**Monday**

**5:00 – 6:30 p.m.**

**Fee: \$50.00**

**Begins 4/8/24**



## BBCC Recreational Activities

## ADULT BADMINTON

|          |                    |                  |        |
|----------|--------------------|------------------|--------|
| BBCC Gym | Monday & Wednesday | 7:00 - 9:00 p.m. | NO FEE |
|----------|--------------------|------------------|--------|

### BASKETBALL (Ages 16 and Under)

This program is open to Brigantine High School students. Open gym program – choose up sides and play half court games. **School I.D. card required.**

SUPERVISOR: Staff NO FEE

|           |          |                   |
|-----------|----------|-------------------|
| BBCC Gym: | Tuesday  | 7:00 – 9:00 p.m.  |
|           | Saturday | 8:00 – 10:00 a.m. |

### YOUTH BASKETBALL (Age 12 & Under)

Open Gym program, choose sides and play half court games.

**School I.D. card required**

SUPERVISOR: Staff NO FEE

BBCC Gym: Tuesday & Thursday 5:00 p.m. to 7:00 p.m.  
Wednesday 4:00 – 6:00 p.m.  
Saturday 10:00 a.m. – 1:00 p.m.

## ADULT VOLLEYBALL

BBCC Gym: Monday and Wednesday 7:00 – 9:00 p.m. **NO FEE**  
Saturday 1:00 – 4:00 p.m.



# BRIGANTINE CER 2024

## Youth Summer Sports Camps

AGES 6 – 12 – Monday thru Thursday

Camps are limited to 20 children per camp.

Registration will begin on April 1 at 9:00am at  
[brigantine.recdesk.com](http://brigantine.recdesk.com)

**FEE: \$50.00 – per child – per camp**

**\$30.00 for each additional child**

**NO CASH OR CHECKS**

Camp #1 – Beach Volleyball – June 24 to June 27

Ages 6 –8 – 9:00 – 10:30am at 38<sup>th</sup> St Beach

Camp #2 – Beach Volleyball – June 24 to June 27

Ages 9 –12 – 10:30 – 12:00pm at 38<sup>th</sup> St Beach

Camp #3 – Basketball – July 1 to July 4

Ages 6 –8 – 9:00 – 10:30am at Brigantine Community Center

Camp #4 – Basketball – July 1 to July 4

Ages 9–12–10:30 –12:00pm at Brigantine Community Center

Camp #5 – Soccer – July 8 to July 11

Ages 6 –8 – 9:00 – 10:30am at Brigantine Community Center

Camp #6 – Soccer – July 8 to July 11

Ages 9–12–10:30–12:00pm at Brigantine Community Center

Camp #7 – Beach Volleyball – July 15 to July 18

Ages 6 –8 –9:00 – 10:30am at 38<sup>th</sup> St Beach

Camp #8 –Beach Volleyball – July 15 to July 18

Ages 9 –12 – 10:30 – 12:00pm at 38<sup>th</sup> St Beach

Camp #9 – Basketball – July 22 to July 25

Ages 6 –8 – 9:00 – 10:30am at Brigantine Community Center

Camp #10 –Basketball – July 22 to July 25

Ages 9–12–10:30–12:00pm at Brigantine Community Center

Camp #11 – Soccer – July 29 to August 1

Ages 6–8 – 9:00–10:30am at Brigantine Community Center

Camp #12 – Soccer – July 29 to August 1

Ages 9–12 –10:30–12:00pm at Brigantine Community Center

Camp #13 –Beach Volleyball–August 5 to August 8

Ages 6– 8 – 9:00 – 10:30am at 38<sup>th</sup> St Beach

Camp #14–Beach Volleyball–August 5 to August 8

Ages 9 – 12 – 10:30 – 12:00pm at 38<sup>th</sup> St Beach

If you need assistance with registration, feel free to come to  
the community center at 265 42<sup>nd</sup> St. or call 609-264-7351 ext. 1.

## TRIPS 2024

### **SPLENDORS OF SCOTLAND**

**Presented by Jet Vacations**

**April 28 – May 7, 2024**

The CER is sponsoring a 10 day trip to Scotland. We will be exploring Glasgow, Fort William, Thursowick, Inverness and Edinburgh. We will be flying to and from the Newark, NJ Airport. We will also have a guided tour of St. Andrews Golf Course. For more information, call the CER Office at 609-264-7350 Ext . 1.

### **THE CZECH REPUBLIC TOUR**

**Presented by Boscov's Travel**

**Sept. 19 - Sept. 28, 2024**

The CER is sponsoring a 10 day trip to The Czech Republic. We will be exploring Vienna, Czech Republic, Prague, Auschwitz, Krakow, Slovakia and Budapest. Experience the best Europe has to offer with an abundance of Vienna sightseeing. Fall in love with the fairy tale town of Cesky Krumlov before an exciting Insight Choice in the Czech capital, touring thousand year old castle courtyards or joining a Local Expert for a walk through the Old Town Square. Journey through Slovakia and across the Tatra Mountains to Budapest. Explore the Old Town of Buda, separated from Pest by the Danube River. This is going to be a great adventure !! For more information, call the CER Office at 609-264-7350 Ext . 1.

### **SURFLIGHT THEATRE – “SOUTH PACIFIC”**

**Presented by Brigantine CER**

**June 25, 2024 – Lunch & Show**

The Brigantine CER is going to see “**South Pacific**” at the **Surflight Theatre** in Beach Haven, NJ. We will have lunch at “**Buckalew's Restaurant**” at Noon followed by a **Matinee at 2:00 p.m.** Come and enjoy this wonderful show

During World War II, Nellie, a nurse from Arkansas, falls in love with a local French estate owner, Emile. Meanwhile, Lt. Joe Cable denies himself the fulfillment of a future with an innocent girl with whom he's fallen in love. When Emile is recruited to accompany Joe on a dangerous mission that claims Joe's life, Nellie realizes that life is too short not to seize her own chance for happiness. South Pacific won the Pulitzer Prize and 10 Tony Awards, including Best Musical. An iconic song list includes: Some Enchanted Evening, Bali Ha'I, I'm Gonna Wash That Man Right Outa My Hair and many others.

**Tickets go on sale at 9:00 a.m. on Tuesday, April 30, 2024.** To reserve your seat call **609-264-7350 Ext . 1.** Check or Money Order (**NO CASH**) must be paid within Five (5) business days of reserving. A Limit of 4 tickets per person. **Price of \$115.00 includes Bus Transportation, Lunch and Show Ticket.**

# BRIGANTINE PICKLEBALL

**TeamReach App** – This is an app that allows Brigantine players to communicate with each other. If you would like to join, you can do the following:

Install the TeamReach app on phone or tablet. (<http://www.teamreach.com/>)

Enter code: "Kitchen" and press "Join". This should bring you to Brig Pickleball

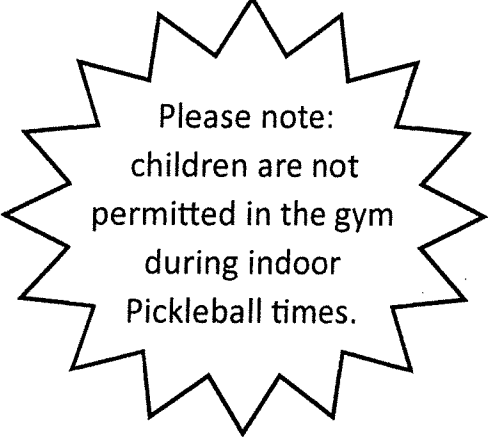
**Outdoor Play Fall/Winter/Spring** – Courts are open 24/7. Open rotation most mornings. No fee. Use TeamReach to communicate with others about time to play.

**Indoor Play** – Install TeamReach app as above. Click on the TeamReach calendar. Click on "VIEW" to see who's playing. Click on "YES" to sign up. No fee.

Nets must be set up and taken down for each session. **PLEASE DO NOT ENTER GYM EARLY IF THERE IS A CLASS, AS PEOPLE PAY FOR THEIR TIME. PLEASE LEAVE PROMPTLY AT SESSION END TIME.**

**WATER ONLY IN THE GYM – PLEASE LEAVE THE AREA AS CLEAN AS YOU FOUND IT.**

|           | TIME              | RATING     |
|-----------|-------------------|------------|
| Monday    | 1:15pm - 3:00pm   | 2.0 - 2.5  |
|           | 3:00pm - 4:45pm   | 3.5 - 4+   |
|           | 4:45pm - 6:45pm   | 3.0        |
| Tuesday   | 11:15am - 12:45pm | 2.0 - 2.5  |
|           | 12:45pm - 2:15pm  | 3.0        |
|           | 2:15pm - 3:45pm   | 3.5 - 4+   |
| Wednesday | 1:15pm - 2:30pm   | 3.0        |
|           | 2:30pm - 3:45pm   | 3.5 - 4+   |
| Thursday  | 11:15am - 12:45pm | 2.0 - 2.5  |
|           | 12:45pm - 2:15pm  | 3.0        |
|           | 2:15pm - 3:45pm   | 3.5 - 4+   |
|           | 7:15pm - 8:45pm   | All Levels |
| Friday    | 1:15pm - 2:30pm   | 3.0        |
|           | 2:30pm - 3:45pm   | 3.5 - 4+   |



Please note:  
children are not  
permitted in the gym  
during indoor  
Pickleball times.

The Community Center is closed for all state and federal holidays. Outdoor courts stay open.  
For additional info, contact Bob Galbraith @ [BOBJG1435@gmail.com](mailto:BOBJG1435@gmail.com).

Bob Galbraith

USAPA Ambassador – PPR Certified Coach

