

The City of Brigantine Ocean Front Lifeguard Test Summer of 2025

Test Date: Saturday, May 24, 2025 at the City Dock (26th St. South and Bayshore Ave)

Time: 1:00 p.m. for Check in.

Requirements to take the Test:

1. MUST be 16 years of age by August 1st of 2025.
2. MUST have a copy of a current physical (School physicals will be accepted).
3. Copy of Birth Certificate.
4. Signed Participation Waiver (If under 18, Parent/Guardian MUST sign)
5. Complete a City of Brigantine Employment Application

Applicants must be able to perform the following:

- **Run Test: Run 1 mile under a time of 7:30 minutes.**
- **Swim Test: 500 meter Swim in 10:00 minutes or less. (22 Laps)**
**(Swim will be in held the Pool at the Brigantine Aquatic Center,
3118 Bayshore Ave, Brigantine, NJ 08203)**
- **Compete in a Box course Paddleboard race against other applicants.**
- **Participate in a Run – Swim – Run in the Ocean**
- **Interview: An in-person interview with BCBP Officers.**

*Wet Suit Tops will be Permitted for Run-Swim- Run and
Paddleboard depending on Water Temperature.*

Testing may be conducted at an alternate location depending upon Ocean conditions.

Items to bring with you:

1. Running shoes
2. Swimsuit
3. Towel
4. Goggles are permitted and recommended
5. Appropriate fitness clothes.

BE ADVISED: If hired, attendance at ROOKIE TRAINING CAMP is mandatory.

If unable to attend, you will forfeit the opportunity to be a lifeguard.

Mandatory New Guard Training will begin on June 23rd.

**All new hires will be certified under South Jersey Chief association
regulations by June 30th.**